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WARM-UPS. Just as the athlete skips a rope or rides a bicycle daily to strengthen his muscles, the player will find it important to practice the "Warm-Ups" in this book daily to gain *MUSCLE CONTROL, SPEED and ACCURACY.*

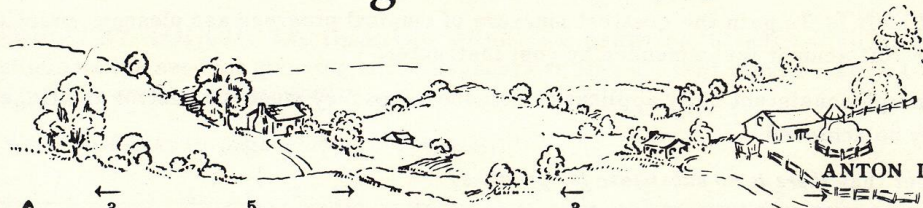
Recite the letter names of the following notes, then play.
Note the "Waked Up" feeling in the fingers after playing several times.

REPEAT SIGN - Return to the beginning and play again.

FOUR-FOUR TIME
Four COUNTS to each Measure.

Rolling Hills Ramble

13



ANTON DVORAK

Roll - - ing hills, Yon - - der lie,

Where the clouds roll by so high;

Off we go! Climb - - ing up,

We shall try to reach the sky.

CM GM CM GM CM GM CM GM

QUIZ

Finish the following sentences. (Refer to pages 6 through 10.)

The TREBLE CLEF Sign (treble clef) means to play with the _____ hand.

The BASS CLEF Sign (bass clef) means to play with the _____ hand.

All music is divided into _____ by _____.

In $\frac{4}{4}$ Time there are _____ Counts in each Measure.

In $\frac{3}{4}$ Time there are _____ Counts in each Measure.

Name the following notes and give the number of counts for each quarter note half note whole note dotted half note